



Worldwide Impact

The Five Wisdoms Institute was founded in 2002 as an outcome of the publication of the book, *The Five Wisdom Energies*. The primary intention of the institute is to promote the teachings of the five wisdoms. Irini Rockwell did several book tours during 2002 and 2003. She had the opportunity to spread these teachings from California to Istanbul at Buddhist, personal growth and Shambhala centers, and educational institutions. She gave numerous newspaper, radio, and television interviews along the way. A highlight of the tour was an appearance on Philly Live, the award-winning live television talk show based in Philadelphia and focused on international news, events, and issues. And at the Natural Body, Mind and Spirit Conference in Istanbul, Turkey 300 people attended a book talk and signing.

Five Wisdoms @ Work Training

The second phase of development for the institute was to bring out the breadth and depth of the five wisdoms in a two-year minimal residency training in personal and professional development. It was launched in 2006 in Paris and Amsterdam and will be offered in Minneapolis in 2007.

This training is a model for working with human dynamics to create a world that supports our deepest values and promotes wellbeing. As qualities or aspects of being fully human, the five wisdoms bring out the best of who we are with a sense of personal integration and wholeness. This transformational work provides a foundation for developing genuine relationships in the service of others. Participants learn to apply the five wisdoms in their lives and professional work. They learn how to cultivate authentic presence, skillful communication, harmonious environments, and effective action. As the training

is person-centered, it can be equally useful for established professionals working in the fields of healthcare, education, organizational development, art, and others who might be interested. The training uses *The Five Wisdom Energies* as the primary book.

Teacher Training in Five Wisdoms

The next phase of development will be to offer an in-depth Teacher Training in Five Wisdoms. It will authorize people to teach and train with the five wisdoms in their professional field.

Irini Rockwell's Background

Irini has a BS degree in dance from the Juilliard School and an MA in Contemplative Psychotherapy and a Certificate in Authentic Leadership from Naropa University. She has been longtime faculty at Naropa University teaching in several departments: BA and MA dance and dance therapy, Buddhist Studies, Contemplative Psychotherapy and the Marpa Center for Business and Economics.

She co-created training programs for the National Institute for School Improvement in the Netherlands, Karuna Training in Europe, and EastWind Institute in Canada. During her high school years, she trained as a dancer at the Arts Educational School in London, establishing her first career as a dance performer, choreographer and teacher. She founded and directed Footloose, a nationally recognized experimental dance company in the San Francisco Bay Area.

Irini is a longtime student of Trungpa Rinpoche and Khenpo Tsultrim Gyamtso Rinpoche. She is a senior teacher in the Shambhala International community and has taught widely throughout Shambhala Centers in the United States and Europe. At the request of Sakyong Mipham Rinpoche she co-founded the Maitri Council International, which oversees five wisdoms work.

Collaborators

Irini has had the pleasure of collaborating with a number of professionals in bringing out the work of the five wisdoms in the fields of health, education, organizations and art. Please visit the website for a partial listing at www.FiveWisdomsInstitute.com.

Advisors

The work of the Five Wisdoms is steered in consultation with a group of individuals who advise director Irini Rockwell from time to time.